



IRONWORKS Fe - Class Schedule

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:15 AM - KETTLEBELLS & KICKBOXING @ <i>SKY ATHLETIC</i>	8:00 AM - KETTLEBELL GROUP TRAINING@ <i>PILATES FOR EVERYBODY</i>			9:00 AM - KETTLEBELL GROUP TRAINING@ <i>ZUMBRAZIL</i>
	10:30 AM - BELLS & ROPES @ <i>SKY ATHLETIC</i>			11:00 AM - KETTLEBELL GROUP TRAINING@ <i>SKY ATHLETIC</i>
6:00 PM - KETTLEBELL GROUP TRAINING@ <i>ZUMBRAZIL</i>		6:00 PM - KETTLEBELL GROUP TRAINING@ <i>ZUMBRAZIL</i>		
		8:30 PM - KETTLEBELL GROUP TRAINING@ <i>SKY ATHLETIC</i>		